KITCHEN PACK

Shared-kitchen tools for halfway houses and transitional housing.

OUTSIDEEATS.ORG

SHARED KITCHEN

House kitchen rules

Six habits that keep a shared kitchen fair and calm.

LABEL YOUR FOOD

Put your name and the date on everything in the fridge and pantry.

CLEAN AS YOU GO

Wash, dry and put away your dishes before you sit down to eat.

SHARE THE STAPLES

Rice, beans, oats and spices on the house shelf are for everyone. Take what you need.

USE IT OR SHARE IT

Food you will not finish before it spoils goes on the share shelf.

SIGN UP FOR TIME

Use the stove sign-up sheet at busy hours so everyone gets a turn.

ONE COOKING NIGHT

Cook together once a week and split the cost of one big meal.

BULK PANTRY

The house pantry list

Buy these for the whole house. They keep for months.

BEANS
Dry or canned • buy by the case

LENTILS
No soaking • soups and stews

RICE
Large bags if you have dry storage

OATS
Breakfast for everyone • big canisters

POTATOES
Store cool and dark • not the fridge

PASTA
Fast dinner base for a crowd

PEANUT BUTTER
Protein that needs no fridge

SPICE SHELF
Garlic, cumin, chili powder, paprika

WHO STOCKS IT?

Pool a few dollars a week per resident, or ask a church to run a Spice Rack + Can drive for your house.

HOUSE COOKING NIGHT

Cook together once a week

Pick one meal that feeds everyone. Let people add their own toppings.

CHILI OR BEAN STEW
Beans + tomatoes + vegetables + seasoning

PASTA NIGHT
Pasta + sauce + lentils or beans + vegetables

RICE BOWLS
Rice + beans + vegetables + toppings

TACO / BURRITO NIGHT
Tortillas + beans + rice + vegetables + salsa

BAKED POTATO BAR
Potatoes + beans + vegetables + toppings

SOUP + BREAD
Lentils or beans + vegetables + broth + bread

HOW TO RUN IT

Two cooks, two cleaners, everyone eats. Rotate jobs each week so everyone learns every meal.

HOUSE MEAL PLAN

Weekly group meal plan

Post this on the fridge. Write who cooks each night.

DAY	BREAKFAST	LUNCH	DINNER
Mon			
Tue			
Wed			
Thu			
Fri			
Sat			
Sun			

House shopping list this week: